



À LA CARTE AND  
DELIVERY MENU



AT GRAZE, WE COMBINE OUR LOVE FOR WHOLESOME FOOD, DISTINCTIVE COFFEES AND TEAS, FINE WINES AND DECADENT DESSERTS UNDER ONE ROOF

Our menu features nourishing salads, deli sandwiches, wholesome burritos, homemade pastas, freshly baked muffins and decadent cakes. every snack or meal can be accompanied by our selection of gourmet teas or our special blend of coffee, roasted exclusively for graze.

also on offer are fine wines, delicious fresh fruit mojitos and smoothies, beers and liquor to enjoy with your meal.

## DAILY FIX

|                   | 12OZ | 16OZ |
|-------------------|------|------|
| latte             | — 29 | — 32 |
| flat white        | — 30 | — 33 |
| cappuccino        | — 29 | — 32 |
| mocha             | — 30 | — 33 |
| caramel macchiato | — 30 | — 33 |
| americano         | — 25 | — 28 |
| brewed coffee     | — 23 | — 26 |
| single espresso   | — 15 |      |
| double espresso   | — 17 |      |
| single macchiato  | — 17 |      |

## TEA TOTALLERS

|                        | 12OZ | 16OZ |
|------------------------|------|------|
| chai tea latte         | — 29 | — 32 |
| vanilla chai tea latte | — 30 | — 33 |
| gourmet teas           | — 21 | — 25 |
| steamed milk           | — 20 | — 25 |
| gourmet hot chocolate  | — 24 | — 29 |



## ICED DRINKS

|                  | 12OZ | 16OZ |
|------------------|------|------|
| iced latte       | — 29 | — 32 |
| iced mocha       | — 30 | — 33 |
| iced americano   | — 27 | — 28 |
| iced gourmet tea | — 22 | — 26 |
| frozen mocha     | — 31 | — 34 |
| frozen latte     | — 30 | — 33 |

## FRESH FRUIT SMOOTHIES

|                                                                                    | 12OZ | 16OZ |
|------------------------------------------------------------------------------------|------|------|
| <b>vroom</b><br><i>muesli, strawberry, blueberry, banana, soya milk, yoghurt</i>   | — 42 | — 48 |
| <b>berry brainy</b><br><i>strawberry, raspberry, blueberry, skim milk, yoghurt</i> | — 38 | — 44 |
| <b>tropical tonic</b><br><i>mango, pineapple, mint, yoghurt</i>                    | — 34 | — 38 |
| <b>strawberry breezer</b><br><i>strawberry, banana, skim milk, yoghurt</i>         | — 34 | — 38 |
| <b>indigo bliss</b><br><i>blueberry, skim milk, yoghurt</i>                        | — 34 | — 38 |
| <b>bumblebee</b><br><i>mango, peach, honey, soya milk, yoghurt</i>                 | — 34 | — 38 |

## OTHER DRINKS

|                                |      |
|--------------------------------|------|
| vitamin water                  | — 25 |
| fresh juice                    | — 25 |
| —orange —grapefruit            |      |
| soft drinks                    | — 10 |
| —coke —coke light —sprite zero |      |
| sparkling water                | — 25 |
| still water                    | — 25 |
| bottled beer                   | — 38 |

## COCKTAILS

|                                                            |      |
|------------------------------------------------------------|------|
| fresh fruit mojito                                         | — 55 |
| —strawberry —pineapple —classic                            |      |
| classic margarita                                          | — 55 |
| bloody mary                                                | — 55 |
| cosmopolitan                                               | — 55 |
| sangria                                                    | — 55 |
| baresso                                                    | — 55 |
| <i>graze espresso, baileys, milk</i>                       |      |
| berry buzzed                                               | — 55 |
| <i>gin, strawberry, blueberry, raspberry, coffee beans</i> |      |



## MORNINGS AT GRAZE

|                                        |      |
|----------------------------------------|------|
| organic granola, fresh fruit & yoghurt | — 34 |
| dorset muesli                          | — 28 |
| tropical fruit salad                   | — 27 |
| english muffin with ham                | — 26 |
| english muffin with sausage            | — 26 |
| vegetarian english muffin              | — 24 |
| ham, cheese & tomato croissant         | — 34 |
| bagel                                  | — 16 |
| —plain —onion —cinnamon raisin         |      |
| salmon & cream cheese bagel            | — 42 |
| wholewheat toast                       | — 12 |

## BREAKFAST SETS

SERVED 7.30-11AM / WEEKDAYS ONLY

|                                                                   |      |
|-------------------------------------------------------------------|------|
| english muffin set                                                | — 46 |
| <i>any english muffin, juice or 12oz coffee/tea</i>               |      |
| muesli & fruit salad set                                          | — 58 |
| <i>dorset muesli, small fruit salad, juice or 12oz coffee/tea</i> |      |
| wholewheat croque monsieur set                                    | — 54 |
| <i>croque monsieur and juice or 12oz coffee/tea</i>               |      |

## SATISFYING SALADS

|                                                    |      |
|----------------------------------------------------|------|
| graze chicken caesar salad                         | — 42 |
| ✓ baby spinach, toasted walnut & blue cheese salad | — 42 |
| ✓ pomelo salad                                     | — 27 |
| smoked salmon & spinach salad                      | — 44 |
| ✓ mixed green salad                                | — 35 |
| ✓ mixed green salad - half portion                 | — 18 |

## GOURMET SANDWICHES

|                                        |      |
|----------------------------------------|------|
| salmon & cream cheese bagel            | — 42 |
| grilled chicken & pesto bagel          | — 35 |
| bbq smoked chicken focaccia            | — 36 |
| salami & pesto panini                  | — 45 |
| roast pork & pickled onion panini      | — 38 |
| croque monsieur on wholewheat          | — 32 |
| turkey, lettuce & tomato on wholewheat | — 32 |
| bacon, rocket & tomato on wholewheat   | — 38 |
| graze tuna sandwich                    | — 32 |
| ✓ egg mayo on wholewheat               | — 28 |



## À LA CARTE

|                                                                                           |      |
|-------------------------------------------------------------------------------------------|------|
| soup of the day                                                                           | — 25 |
| pasta                                                                                     | — 52 |
| sauces: <input checked="" type="checkbox"/> mushroom <input type="checkbox"/> beef ragu   |      |
| pasta: <input type="checkbox"/> spaghetti <input type="checkbox"/> wholewheat fusilli +10 |      |
| <input checked="" type="checkbox"/> vegetarian pizza wrap                                 | — 48 |
| quiche lorraine                                                                           | — 32 |
| <input checked="" type="checkbox"/> spinach quiche                                        | — 32 |
| <input checked="" type="checkbox"/> feta & sun-dried tomato quiche                        | — 34 |
| <input checked="" type="checkbox"/> mushroom and red pepper quiche                        | — 32 |
| graze chicken burrito                                                                     | — 48 |
| graze homemade chorizo burrito                                                            | — 58 |
| <input checked="" type="checkbox"/> graze macaroni cheese                                 | — 48 |

|                    |      |
|--------------------|------|
| kettle chips       | — 16 |
| fresh fruit (each) | — 8  |

## LUNCH / DINNER SETS

SERVED 12-3PM (LUNCH) / 6-8PM (DINNER) / WEEKDAYS ONLY

|                                                                                      |      |
|--------------------------------------------------------------------------------------|------|
| beef ragu spaghetti set                                                              | — 98 |
| creamy mushroom spaghetti set                                                        | — 98 |
| macaroni + cheese set                                                                | — 98 |
| chicken or chorizo burrito set<br>(DINNER ONLY)                                      | — 98 |
| <i>all sets include a small green salad, soup of the day<br/>and 12oz coffee/tea</i> |      |
| glass of house wine instead of coffee/tea                                            | — 20 |
| whole wheat fusilli instead of spaghetti                                             | — 10 |

## AFTERNOON TEA SETS

SERVED 3-6PM / WEEKDAYS ONLY

|                                                            |      |
|------------------------------------------------------------|------|
| any chocolate or banana muffin<br>and 12oz coffee/tea      | — 30 |
| victoria sponge cake or apple torte<br>and 12oz coffee/tea | — 60 |
| black forest or banoffee cake<br>and 12oz coffee/tea       | — 64 |
| croque monsieur on wholewheat<br>and 12oz coffee/tea       | — 49 |



## BAKERY

- blue cheese, cranberry & walnut savoury muffin — 25
- banana muffin — 15
- double chocolate muffin — 18
- white chocolate & raspberry muffin — 18
- white & dark chocolate muffin — 18

## DESSERTS

- victoria sponge cake with raspberries — 48
- banoffee cake with banana & toffee — 52
- black forest cake with cherries & chocolate — 52
- green apple torte with walnuts — 42



## GRAZE OFFERS OFFICE, HOME, JUNK AND PARTY CATERING

we can bring fresh and wholesome food straight to your office, home, junk or party! we offer great catering packages in addition to offering catering size portions of our à la carte menu.

just give us a call, email or pop into graze for more information and to plan a menu!

CATERING HOTLINE 2850 7766

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